

# COVID-19 QUARANTINES AT ISD 318

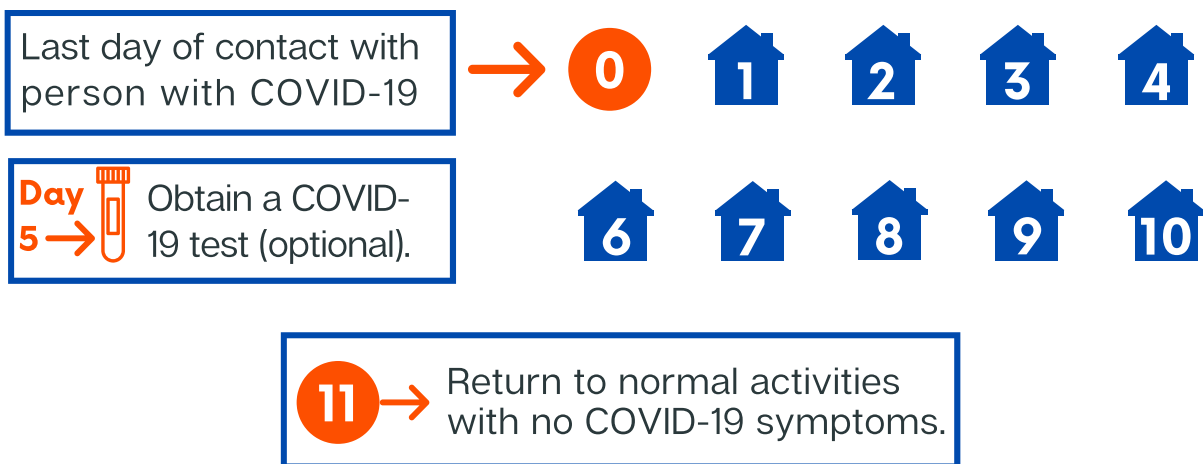
It is still safest to quarantine for 14 days. However, we know that is a hardship for our students and families, and so are using the updated 10-day quarantine guidance from the CDC. If you would like to have your child quarantined for 14 days, please contact your building nurse.

If your child has been exhibiting symptoms or is quarantining because someone in your home is sick, you must quarantine for 14 days.

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## EXPOSURE AND RETURN DATES

Your first day of quarantine starts the day after your last contact with the person with COVID-19.



You cannot end a quarantine before ten days for any reason.



All students must remain symptom-free for 14 days or they will be sent home.



If you have questions, please contact your building nurse.

You may also email our district float nurses at:

- Jamie Goodwin - [jgoodwin@isd318.org](mailto:jgoodwin@isd318.org)
- Katie Hanson - [khanson@isd318.org](mailto:khanson@isd318.org)